



ROBIN'S HOUSE

What is Robin's House?

Robin's House offers a safe and healthy group-home setting that gives children who have experienced trauma the opportunity to live in an environment where they can feel what it's like to be a kid, while also receiving the specialized treatment necessary in a Trauma-Informed Model of Care.



Robin's House Features

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Licensed by the Ohio Department of Mental Health and Addiction Services as a Type 1 facility.

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Certified to provide Behavioral Health Counseling, Mental Health Assessment, Crisis Intervention, Community psychiatric supportive treatment and Drug and Alcohol treatment through the Ohio Department of Mental Health and Addiction Services

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ROBIN'S HOUSE

326 Bierce Ave,
Dayton, OH 45403



What is the Mission of Robin's House?

We believe that all children have the right to hope for success that will last them a lifetime. We are committed to nurturing resiliency, while ensuring that the children have the opportunities that being a kid should afford. Children should have access to a quality education and an opportunity to participate in extracurricular activities of their choice such as, music, sports, school groups and community involvement.

The services and support we provide are individualized, flexible and delivered in a Trauma-Informed manner that meets the unique needs of each child. We provide access to care that addresses mental health and behavioral symptoms in addition to education and intervention to successfully meet life's challenges. The ultimate outcome is a resilient child.

Many children present with co-occurring mental health, behavioral, and substance abuse disorders that cannot be isolated and treated separately. For this reason, the program takes a holistic approach to treatment and wraps a continuum of specialized services around each child.

Another critical focus of Robin's House is preparing the children for adulthood. We focus on providing the children with the necessary skills to become productive citizens. Our "Life Skills" program will include nutrition, cooking, budgeting, college exploration, career exploration and housing options, just to name a few. The children of Robin's House will have the expectation of education first. Many of the children who come to us have moved multiple times and have to worry if they will eat today or if they will suffer abuse tonight. This results in education being difficult for them to focus on. We will ensure that the children have every available resource and support they need to be successful in pursuing their education. They will also be expected to gain a form of employment.

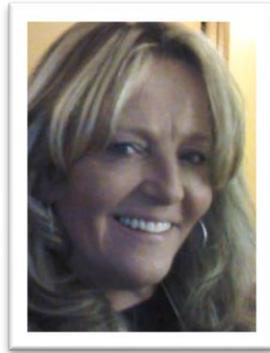
Robin's House is also a partner with a horse rescue ranch that will allow the children to work there on the weekend.

Each of Robin's Houses can provide care and support for a maximum of 5 children. We believe in order to meet our mission we need to provide as much individual attention to our children.



Who is Robin?

Robin Saldivar, MSed, PCC-S, Advanced Certified Trauma Practitioner, CEO started her career as a member in the United States Air Force. After her discharge from the military, and as a mother of 5, she began her new career in the treatment of children who had suffered trauma in their lives. She has dedicated the last 23 years to helping children in Residential Treatment Centers.



She received a Bachelor's degree in Psychology from Wright State University and a Master's degree in Counseling from the University of Dayton.

She is Independently Licensed in the State of Ohio with Supervisor credentials, is an Advanced Certified Trauma Practitioner and has extensive training & experience in Trauma Informed Care.

How is Robin's House funded?

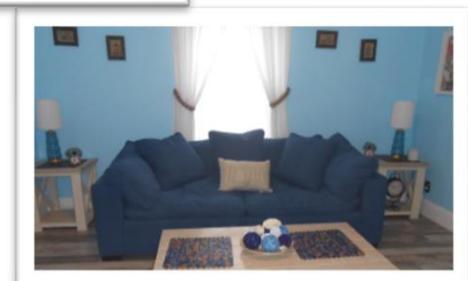
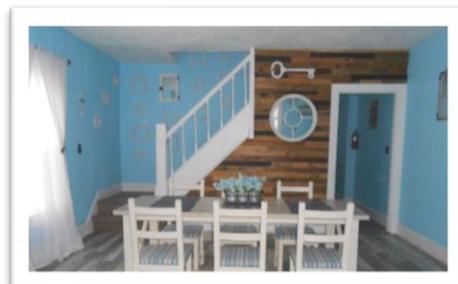
Funding for the program is received from several sources. The county of residence is responsible for paying the room and board portion of the program; educational funding is provided by the girl's home school district; and Medicaid reimbursement covers the medical and clinical services that are provided. We also seek and receive individual and corporate donations to support and enhance the comprehensive programs we provide.

Who are the children?

The children typically come from a background of severe physical, sexual and emotional abuse and neglect. Many of the children that will come to live at Robin's House have been rescued from situations of human trafficking. Most of the children have been removed from their homes for their own protection. These children have lived through multiple traumas that have led to them experiencing symptoms leading to mental health treatment. These children have been diagnosed with disorders such as Post Traumatic Stress Disorder, Depression, Oppositional Defiant Disorder and others. The type of behaviors that many of these children display are nightmares, hypervigilance, self-harm, thoughts of suicide as well as oppositional behaviors.

Who refers children to Robin's House?

The girls are referred by their legal guardian, which may include their parents, Children's Services agencies or Juvenile Courts.





WHAT IS TRAUMA AND TRAUMA-INFORMED CARE?

Trauma

Trauma is best defined as the experience of violence and victimization including sexual abuse, physical abuse, severe neglect, loss, domestic violence or the witnessing of violence, terrorism or disasters. Trauma shapes children's beliefs about their identity, world view, and spirituality. Children who have experienced complex traumas may develop responses which include intense fear, horror and helplessness. They often feel an overwhelming sense of stress that interferes with their ability to cope.

Children who have experienced trauma also have overlapping problems with mental health, addictions, physical health and are victims of crime. They may adopt high-risk behaviors, such as eating disorders, smoking, substance abuse, self-harm and sexual promiscuity as coping mechanisms.

Trauma-Informed Care

Trauma-Informed Care is a Best Practice treatment philosophy that incorporates an appreciation for the high prevalence of traumatic experiences in children who receive mental health services. The course in treatment requires a thorough understanding of the profound neurological, biological, psychological and social effects of trauma on a child and all members of the treatment team must work closely together and be consistent in their interactions with the children.

There is intensive training of the staff members to ensure they have the knowledge, sensitivity, compassion and understanding that each child is desperately in search of. The children need someone who will value them and love them for who they are.

What are Trauma-Specific Interventions?

Building on key principles of safety, trustworthiness, choice, collaboration and empowerment; trauma-informed services are designed to be welcoming and hospitable for all children in treatment. Trauma-specific interventions are designed specifically to address the effects of trauma on the individual child and to facilitate healing.

Successful treatment programs emphasize the following as being critical to positive outcomes among children:

- Services are grounded in the philosophy of Trauma-informed Care.
- The child's need to be respected, informed, connected and hopeful regarding their recovery.
- Understanding the relationship between trauma and symptoms of trauma, which include substance abuse, eating disorders, depression and anxiety.
- The need to work in a collaborative way with children, their family and friends and community supports that will be available to them following discharge from the treatment program.